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Musoma  
Tanzania

# SUSAN NYAKWAKA

## Nutrition Officer

A dedicated and passionate nutrition and health personnel with a proven track record in the reproductive, maternal, child health and nutrition sector. Demonstrates a deep commitment in improving wellbeing of vulnerable populations through comprehensive program planning, implementation and evaluation. Adept at collaborating with interdisciplinary teams and effectively communicating complex health information to diverse audiences.



### EXPERIENCE

#### PROJECT VOLUNTEER | JAN 2023- NOW ONE WORLD SUSTAINABLE LIVELIHOOD Duties

- Working with girls' mentors, youth health champions, community health workers and community health care management team to engage adolescence and young people in provision of sexual reproductive health information's.
- Linking adolescents to sexual and reproductive health services at health facilities and facilitating and guiding operationalization of school and out of school clubs.
- Identifying adolescents and youth with sexual reproductive health needs in the communities, conducting counseling and referral to health facilities those identified with sexual and reproductive health needs.
- Facilitating establishment of youth and adolescents school and out of school clubs where discussion about sexual reproductive health will be held through.
- Tracking Youth health care performance at community level and providing technical assistance to Youth health care during delivery of adolescent and youth friendly health services in health facilities.

#### Achievements

- Increased of adolescents and youth from the immediate community seeking sexual reproductive health services to health facilities from 34% to 67% in 2022-2023.
- Established 16 in-school clubs and 19 out-school clubs of adolescents and youth discussing sexual reproductive health and rights in Rorya dc.

#### NUTRITION OFFICER-VOLUNTEER | MAY 2021 - DEC2022 MARA REGION-RMO OFFICE

##### Duties

- Facilitate and oversee the planning, implementation of nutrition activities at regional level.
- Efficiently managing and coordinating nutrition activities with in the region, overseeing the successful execution of programs.
- Collect nutritional information and data from various stakeholders and group to advise at regional level nutrition strategies and interventions.
- Collaborating in development of nutrition plans and budget at regional level, aligning strategy with available resources for maximum impact
- Ensuring regular reporting on the nutrition status at regional level, contributing to transparency, accountability and evidence based decision making.

### ACADEMICS

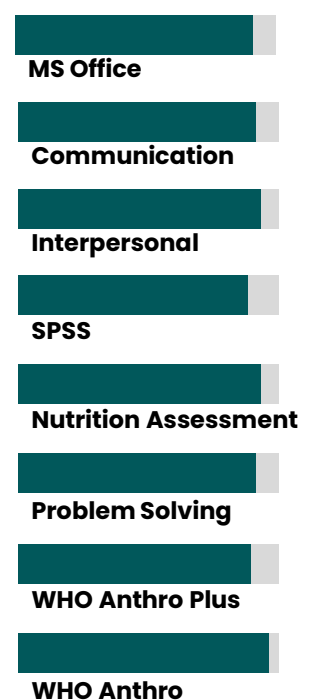
**Bachelor Of Sciences in Human Nutrition | 2020**  
Sokoine University Of Agriculture

**Certificate in Pharmaceutical Science | 2017**  
KAM College Of Health & Allied Science

### MEMBERSHIP

Member of Global Forum on Food Security & Nutrition (FAO-FSN)

### SKILLS



## **EXPERIENCE**

### **HEALTH AND NUTRITION OFFICER | SEPT 2020 – NOV 2020**

#### **ACTION AGAINST HUNGER**

##### Duties

- Participated in cooking demonstrations of complementary foods consisted of five food groups. The demonstration was done to mothers and care givers in different villages within Mpwapwa district.
- Provision of nutrition education to village health workers on taking care of people with chronic diseases such as HIV/AIDS and TB.
- Plan and conduct mass MUAC screening of the under-fives with collaboration of Community Health volunteers.
- Conduct outreach to the gardens preparation demonstrations sites under Action Against Hunger to emphasize consumption of vegetables.
- Support the community mobilization activities jointly with the government's health staffs.

## **OTHER EXPERIENCES**

### **NUTRITIONIST | JULY 2019 – AUG 2019**

#### **NYASHO HEALTH CENTER**

## **TRAINING**

Community Score Card TOT Training, 2023

USAID AFYA YANGU Project,

Adolescent Sexual Reproductive Health & Power To Girls Methodologies, 2023

USAID AFYA YANGU Project,

Modern Family Planning Methods, 2021

Option Tanzania

Maternal and Child Health Workshop, 2021

Option Tanzania

Nutrition & Infectious Diseases, 2020

Tanzania Food & Nutrition Centre (TFNC)

## **REFEREES**

John Msuya (PHD) – Professor

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Paul Makali – Regional Nutrition Officer, Tabora

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Mkomwa Salum – Project Lead

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