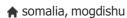
Shamso Omar



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Ambitious social work student, ready to acquire comprehensive theoretical and practical knowledge in order to initiate and manage innovative social work projects. Excellent time management, communication and interpersonal skills necessary for effective communication and building relationships with individuals from diverse backgrounds. Knowledgeable in employment law and key HR practices with a solid understanding of recruitment, compliance, and business operations. These encounters enable me to gain valuable insights and perspectives, which can greatly benefit my future endeavors in the field of social work.

EDUCATION

Bachelor of Social work

University of SIU

- Introduction to Social Work: gained an understanding of the history, values, and ethics of social work practice.
- **Social Welfare Policies and Services:** studied the social welfare system, including policies and programs aimed at addressing social injustices and improving individuals' well-being.
- Human Behavior and the Social Environment: explored the impact of societal factors and individual experiences on human development and behavior.
- Social Work Practice and Methods: acquired fundamental skills and knowledge related to conducting assessments, developing intervention plans, and implementing various social work methods.
- **Social Work Research:** learned quantitative and qualitative research methods and conducted research studies on social work topics.
- **Field Practicum:** gained hands-on experience through supervised placements in social service agencies, working directly with individuals, families, and communities.
- **Thesis:** conducted research on the effectiveness of community-based interventions in developing youth. (Grade A-)
- **Relevant Courses:** Crisis Intervention, Child Welfare, Substance Abuse Counseling, Mental Health Assessment and Intervention, Family Systems Theory, Group Dynamics, Policy Advocacy and Analysis.

WORK EXPERIENCE

Shift Manager SWDC in Women Development and Children, Habeeb mental hospital, and HINNA Women Improvement

• SWDC in Women Development and Children: Assumed a leadership role in overseeing the daily operations of programs and services aimed at empowering women and promoting child welfare. Supervised staff members, delegated tasks, and ensured the smooth running of activities. Acted as a point of contact for clients, addressing their queries and providing support and information on available resources. HABEEB MENTAL HOSPITAL: Managed a team of healthcare professionals in providing quality care and support to patients with mental health disorders. Oversaw the coordination of treatment plans, facilitated team meetings, and ensured adherence to safety protocols. Collaborated with multidisciplinary teams to ensure comprehensive and holistic care for patients. HINNA Women Improvement: Assumed a key role in planning and implementing initiatives focused on women's empowerment and well-being. Facilitated workshops on various topics, such as self-care, self-esteem, and assertiveness. Provided one-on-one support and counseling to women in need, guiding them towards achieving their goals and accessing necessary resources.

ADDITIONAL EXPERIENCE

2020 - 2023

Coordinator Assistant Volunteer SWDC in Women Development and Children, Habeeb mental hospital, and HINNA Women Improvement

• SWDC in Women Development and Children: Assisted in developing and implementing programs aimed at empowering women and promoting child welfare. Provided support to women and children in crisis situations and facilitated workshops on topics such as gender equality and child protection.



2019 - 2023

2019 - 2020

• HABEEB MENTAL HOSPITAL: Worked closely with mental health professionals in providing support to patients experiencing psychological and emotional difficulties. Assisted in organizing therapeutic activities, conducting individual and group counseling sessions, and participating in treatment planning meetings.

• HINNA Women Improvement: Collaborated with a team to create and implement initiatives focused on enhancing the well-being and rights of women. Conducted community outreach activities, organized workshops on women's rights and empowerment, and provided practical support to women in need.

SKILLS

Advocacy and Social Justice, Empathy and Active Listening, Cultural Competence, Collaboration and Teamwork, Assessment and Evaluation, Ethical Practice, Crisis Management, Written and Verbal Communication, Crisis Intervention and Community Engagement.